



ABI'S GYM MEMBERSHIP AGREEMENT

Personal details

Membership No.

Fob No.

Surname

Address

Forename

Town/Post Code

Membership Details

Transaction

Category

Start date

Commitment End Date

Payment Details

Key Fob

Pre-paid Fee

APPLICATION DECLARATION-IMPORTANT-PLEASE READ THE TERMS AND CONDITONS BEFORE SIGNING

I confirm that all of the above information supplied by me is correct and I wish to apply for membership of the Abi's Gym under Abi's Gym standard terms and conditions of contract for membership which I have had an opportunity to read, discuss and understand.

I accept and agree to the following for this Gym membership :

1. I apply and agree to membership of the Abi's Gym commencing on [..... date] for a period of no less than 12 months. (*the commitment period*) and agree to pay the 12 month membership fee of (... amount £ ...) due in respect of this Commitment Period either by as a single total amount or by fixed equal monthly payments.
2. I understand my membership will continue automatically after the end of the Commitment Period unless written notice is given by me at the end of the commitment period as required under the standard terms and conditions. Any Termination of my membership at the end of the Commitment Period is by giving Abi's Gym 1 calendar month's written notice and membership would terminate at the end of the Calendar month notice period. My membership only expires at the end of the notice period and I accept I will still be charged a monthly membership fee during the month notice.
3. I may request a single temporary membership suspension during my commitment period by reason of illness or injury for one continuous period only of 1 - 3 months max. I understand 1 calendar months written notice by the member must be given to the Abi's Gym for any application of temporary membership suspension and agree to provide Abi's Gym with suitable documented evidence of reason for membership suspension application ie, Doctor's certificate. Any membership suspension during the Commitment Period will extend the length of the Commitment Period by the duration of the suspension period approved by Abi's Gym.
4. I may send any notice to Abi's gym Gym by recorded post or by email.



Personal Health and Safety.

I have declared to Abi's Gym all known medical conditions I have which may be affected by an exercise program and I understand it is my absolute responsibility to ensure that any exercise program of my own choice I undertake within the gym is fully suitable for me with regard to these known health conditions and should I be unsure I will seek suitable professional medical advice before commencing exercise.

Upon joining the Gym and during your time as a member we ask you to agree to the following :

- a) I accept that I must take the time to familiarise myself with the instructions displayed in and around Abi's Gym and on fitness equipment with regard to its safe use. If I decide that I require any assistance in the use of the fitness equipment then I will ensure that I make an appointment with a qualified Abi's Gym trainer who will assist me to use the Gym's equipment safely and effectively.
- b) Always follow instructions given by Gym staff.
- c) I confirm have considered my own personal fitness requirements and will exercise within my own abilities taking account of any disabilities which I may have.
- d) I understand that the Gym is not staffed during all opening hours and that it is my personal responsibility to stop exercising immediately should I feel ill or require assistance.
- e) Although Abi's Gym recommends all members should check their personal health is suitable for embarking on a exercise program, I accept that I will decide if any medical condition I have that may require advice from my own medical advisor before embarking on an exercise programme of my choice at the Abi's Gym.
- f) I agree to follow the general rules of the gym which may be subject to alteration or change over time.

I confirm that the information supplied by me is correct and I wish to apply for membership of the Abi's Gym under Abi's Gym standard terms and conditions of contract for membership which I have had an opportunity to read, discuss and understand.

Please proceed to payment as acceptance of the above agreement.

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Member Signature

Date

Signed for on and behalf of the Gym

PRIVACY NOTICE-By completing this form you agree and accept that we may gather, process, store and/or use the personal data you disclose for the purpose of providing you with the services defined in this membership agreement. A copy of our privacy notice is provided as part of this agreement.